



Disabilities Resource Directory

Access Technology-

The Iris Network: www.theiris.org, ashah@theiris.org (email) contact: Michael Barndollar at mbarndollar@theiris.org

189 Park Ave. Portland, ME 04102 (207)774-6273

The Iris Network works with blind and visually impaired clients all over Maine, some things they offer are low vision services/clinics, service programs at home or in the work place, access technology employment services, and resident services.

Adaptive Equipment-

Alltech: <http://alltech-tsi.org>, info@alltech-tsi.org (email) contact: Lisa Penney (207)321-6080 ext. 3314

400 Riverside St., Suite A4 Portland, ME 04103 (207)321-6080

Alltech works with anyone, anywhere in Maine. Some things they offer are assistive technology, training, assessment, consultations, speech/language services, recycled assistive equipment and a durable medical equipment store.

Alpha One: www.alphaonenow.com, contact: Beth 1-800-640-7200

127 Main St. South Portland, ME 04106 (207)767-2189, 1-800-640-7200, (207)767-5387 (TTY) South Portland numbers. (207)941-6553,

1-877-229-8954 (TTY) Bangor numbers.

Alpha One works with anyone with any type of disability all over Maine. Some services they offer are personal care assistance, access related things, driver evaluation program, and empower loans.

Independent Living Services: www.maine.gov/rehab/dvr/independent_living.shtm

Contact: Alpha One 1-800-640-7200, 1048 Union St. Suite 2 Bangor, ME 04401 (207)941-6553

Independent Living Services works with anyone with significant physical and/or Mental disabilities all over Maine. Some of the services they offer are information, referral, training, counseling, advocacy, and assistive technology.

Maine Center on Deafness: 04103 (207)797-7656, 1-800-639-3884, 1-866-347-0275 (video phone) *see Advocacy for information.*

Maine CITE: www.mainecite.org, iweb@mainecite.org (email) contact: Darcy York

46 University Dr. Augusta, ME 04330 (207)621-3195, 1-877-475-4800 (TTY).

Maine CITE works with all ages with any type of disability all over Maine. Some of the services they have are assistive technology, training, and internet referral.

Muscular Dystrophy Association: www.mda.org, portlandmea@mdausa.org (email)

Sebago Commons 39 Mechanic St. # 100 Westbrook, ME 04092 (207)854-3749, 1-800-572-1717

MDA works with anyone with muscular dystrophy, ALS and other diseases related to MD all over Maine. Some of the services they offer are healthcare, support, advocacy, education, and adaptive equipment.

Pine Tree Society: www.pinetreesociety.org, amarsh@pinetreesociety.org (email for Anne Marsh, Exec. Director) contact: Terry Berkowitz tberkowitz@pinetreesociety.org

P.O. Box 518 149 Front St. Bath, ME 04530 or 71 U.S. Route 1, Suite B Scarborough, ME 04074 (207)443-3341

Pine Tree Society helps anyone with any type of disability all over Maine, and they have some programs that are all over the world. Some services they have are audiology, case management, adaptive equipment, and augmentive communication.

Advocacy-

Advocacy Initiative Network of Maine: www.thenetwork123.com, lrichard@thenetwork123.com (email)

P.O. Box 878 Bangor, ME 04402 (207)941-4734, 1-888-375-5969

The Advocacy Initiative Network of Maine works with adults who need mental health help all over Maine. Some of the services they offer are education, training, information, support, and advocacy.

Autism Society of Maine: www.asmonline.org, info@asmonline.org (email)

72B Main St. Winthrop, ME 04364 1-800-273-5200

The Autism Society of Maine helps anyone with autism and their families all over Maine. Some of the services they provide are education, advocacy, support, and training.

**Brain Injury Association of New Hampshire: www.bianh.org, mail@bianh.org (email) contact: Erin Hall

109 North State St. Suite 2 Concord, NH 03301 1(603)225-8400

The Brain Injury Association used to have an office in Maine, but they closed that chapter and the closest is the New Hampshire chapter. The New Hampshire chapter only serves New Hampshire citizens, but I put them in because consumers can still call them for general information. They only deal with people who have a brain injury. Some of their services include case management, information, rehabilitation, education, and advocacy.

Client Assistant Program: www.caresinc.org/cap contact: Kathy Destres

134 Main St. Suite 2C Winthrop, ME 04364 (207)377-7055, 1-800-773-7055

CAP works with clients who are enrolled in the division for vocational rehabilitation all over Maine. They are primarily a disability advocacy.

Community Housing of Maine: www.chomhousing.org, Cullen@chomhousing.org (email for Cullen Ryan, Exec. Director)

309 Cumberland Ave. Suite 203 Portland, ME 04101 (207)879-0347

The Community Housing of Maine helps people who are homeless, have special needs, are veterans, low income, or addicted people all across Maine. Their services include advocacy and housing.

Consumers for Affordable Health Care: www.maine cahc.org, consumerhealth@mainecahc.org (email)

P.O. Box 2490 Augusta, ME 04338 1-800-838-0388, 1-877-362-9570

Consumers for Affordable Health Care help all Maine residents obtain quality, affordable health care. Some of their services include research, advocacy, education, and consumer assistance.

Disability Rights Center: www.drcme.org, advocate@drcme.org (email) contact: Fern Nadeau

P.O. Box 2007 Augusta, ME 04338 (207)626-2774, 1-800-452-1948

The Disability Rights Center helps people who have developmental or psychiatric disabilities as well as people with traumatic brain injury all over Maine. Some of their services include information, referral, advocacy, legal services, education, and training.

Division for the Deaf, Hard of Hearing and Late Deafened: www.maine.gov/rehab/dod, terry.l.morrell@maine.gov (email for Terry Morrell, Director)

150 State House Station Augusta, ME 04333 (207)623-7958, (207)623-5957 (TTY), (207)470-7668 for relay service to reach Terry Morrell

The Division for the Deaf, Hard of Hearing and Late Deafened works with the Deaf all over Maine. Some of their services are information, referral, and advocacy.

Huntington's Disease Society of America: www.hdsa.org/me, pattersonnancy68@gmail.com (email for Nancy Patterson)

41 Weymouth Way Ellsworth, ME 04605 (207)669-5212, 1-800-345-4372

The Huntington's Disease Society of America helps anyone affected by Huntingtons Disease all over Maine. Some of their services are education, advocacy, and support.

Independence Association: www.independenceassociation.org, info@indepassoc.org (email)

87 Baribeau Dr. Brunswick, ME 04011 (207)725-4371, 1-877-653-4760

The Independence Association helps children and adults with mental disabilities. They service a thirty mile radius around Brunswick, Harpswell, Freeport, Bowdoin, Bowdoinham, and Richmond. Some of the services they offer are employment, housing, support, training, case management, and advocacy.

Independent Living Services: (207)941-6553 *see Adaptive Equipment for information.*

Learning Disabilities Association of Maine: www.ldame.org, info@ldame.org (email) contact: Tracy Gregoire tracy@ldame.org

P.O. Box 1013 Windham, ME 04062 1-877-208-4029

The Learning Disabilities Association of Maine works with children and adults with specific learning disabilities and their families all over Maine. They offer services including support, education and advocacy.

Long Term Care Ombudsman Program: www.maineombudsman.org,
mltcop@maineombudsman.org (email) contact: Sheryl Nadeau

One Weston Court P.O. Box 128 Augusta, ME 04332 (207)621-1079, 1-800-499-0229

The Ombudsman Program provides advocacy for long term care issues all over Maine. They only offer one service and that is advocacy.

Maine Association of Retirees: www.maineretirees.org, contact: Florence Hoover
flohoover@roadrunner.com

280 Maine Ave. Farmingdale, ME 04344 (207)582-1960, 1-800-535-6555

The Maine Association of Retirees helps people that are retired from teaching, state employment, and local public district employ all over Maine. They offer services including advocacy, dental, and insurance.

Maine Center on Deafness: www.mcdmaine.org, info@mcdmaine.org (email)

68 Bishop St. Suite 3 Portland, ME 04103 (207)797-7656, 1-800-639-3884, 1-866-347-0275
(video phone)

The Maine Center on Deafness helps people that are D/deaf, late deafened or hard of hearing all over Maine. Some of their services include advocacy and resources.

Maine Developmental Disabilities Council: www.maineddc.org, info@maineddc.org (email)
contact: Erin Howes

139 State House Station Augusta, ME 04333 (207)287-4213, 1-800-244-3990

The Maine Developmental Disabilities Council does not work directly with clients, but they help advocate for anyone in Maine who has a developmental disability. They offer advocacy and an education program.

Maine Parent Federation—Special Needs Parent Information Network: www.mpf.org,
parentconnect@mpf.org (email)

12 Shuman Ave. Suite 7 P.O. Box 2067 Augusta, ME 04338 (207)623-2144, 1-800-870-7746

The Maine Parent Federation works with parents and professionals to benefit all children all over Maine. Some of their services include information, advocacy, education and training.

Muscular Dystrophy Association: (207)854-3749, 1-800-572-1717 *see Adaptive Equipment for information.*

National MS Society: www.nationalmssociety.org

Greater New England Chapter 101A First Ave. Suite 6 Waltham, MA 02451 1(781)890-4990, 1-800-344-4867

The National MS Society works with anyone who has Multiple Sclerosis anywhere in Maine. Some of their services are advocacy, education, medical care and support.

Speaking Up for Us of Maine: www.sufumaine.org, sufucentral@sufumaine.org (email for Central Maine)

P.O. Box 2007 Augusta, ME 04338 1-877-207-4077

Speaking Up for Us of Maine works with clients who want to learn self-advocacy all over Maine. They offer only to help other self-advocacy companies to network with each other.

Spina Bifida Association: www.spinabifidaassociation.org, sbaa@sbaa.org (email)

SBA of Greater New England 219 East Main St. Suite 100B Milford, MA 01757 1(508)482-5300, 1-800-621-3141, 1-888-479-1900

The Spina Bifida Association works with children and adults who live with Spina Bifida all over Maine. Some of their services include education, advocacy, research and prevention.

Veterans of Foreign Wars: www.vfw.org

VFW 2499 235 Park St. Rockland, ME 04841 (207)594-9349

The VFW works with all veterans that have fought on foreign soil all over Maine. Some of their services are advocacy, support, medical care, mental health and other veterans services.

Case/Care Management-

**Brain Injury Association of New Hampshire: 1(603)225-8400 *see Advocacy for information.*

Elmhurst, Inc.: www.elmhurstmaine.com, contact: Darlene Mackinnon elmdmk@gwi.net

400 Centre St. Bath, ME 04530 (207)443-9783, 1-800-545-1833 ext. 756 (TTY)

Elmhurst Inc. works with children and adults with developmental and/or mental illness in the Mid-Coast Maine area. Some of the services they offer are housing, community living assistance, volunteer services, transportation, employment and case management.

Goodwill Industries of Northern New England: www.goodwillnne.org, contact: Shawna Merrill

353 Cumberland Ave. Portland, ME 04101 (207)774-6323, 347 Leighton Rd. Augusta, ME 04330 (207)626-0170

Goodwill helps people with developmental disabilities and brain injuries all over Maine. Some of their services they offer are employment, housing, deaf services, brain injury rehab and case management.

Independence Association: (207)725-4371, 1-877-653-4760 *see Advocacy for information.*

Living Innovations: www.livinginnovations.com, ataranko@livinginnovations.com (email for Andy Taranko) contact: Sherry Hastings (207)629-3999, or you can reach Andy Taranko at (207)333-8016

2 Shuman Dr. Unit 16 Augusta, ME 04033 (207)622-4350

Living Innovations helps adults with developmental disabilities throughout Maine. Some of the services they offer are shared living options at home, community-based community support, personal supports and community case management.

Maine Center for Integrated Rehab: www.mcirme.com contact: Jennifer Kumin

485 Commercial St. Rockport, ME 04856 (207)230-0800

The Maine Center for Integrated Rehab helps anyone over 17 with an acquired brain injury in Mid-Coast Maine from Belfast to Damariscotta. Some of the services they offer are support, education, mental health and case management.

Mobius Inc.: www.mobiusinc.org, contact: Diane Eder (207)563-3511 ext. 311

319 Main St. Damariscotta, ME 04543 (207)563-3511, (207)563-3864 (TTY)

Mobius Inc. helps children, teens and adults who have developmental disabilities and autism in Mid-Coast Maine, from Wiscasset to Warren to Jefferson. Some of the services they have are case management, support, employment, training and community living assistance.

Office of Aging and Disabilities Services: www.maine.gov/dhhs/oacpds/ds/ contact: Ricker Hamilton, Acting Director (207)287-4242

32 Blossom Ln. Augusta, ME 04333 (207)287-4242, Crisis Hotline 1-888-568-1112

The office of Aging and Disabilities Services was called the Office of Adults with Cognitive and Physical Disabilities Services, but they merged with Elder Services in 2012 to create a new name. They help people with brain injuries, autism, intellectual disabilities and elder services throughout Maine. Their services consist of case management and adult protective.

Pine Tree Society: (207)443-3341 *see Adaptive Equipment for information.*

UCP of Northeastern Maine: www.ucpofmaine.org, office@ucpofmaine.org (email)

700 Mt. Hope Ave. Suite 320 Bangor, ME 04401 (207)941-2952, 1-877-603-0030

UCP of Northeastern Maine helps anyone with any type of disability in all of Maine. Some of the services they offer are case management, respite, support and education.

Coalitions and Councils-

ADAPT!: ADAPT is a national grass-roots community that organizes disability rights activists to engage in non-violent direct action, including civil disobedience, to assure the civil and human rights of people with disabilities to live in freedom. www.adapt.org

Maine Action Coalition for Disabled Persons: www.bairnet.org/organizations/mac/mission2.htm

174 Main St. Apt. 108W Bangor, ME 04401 (207)947-1441, Richard and Priscilla Rhine (207)942-2981, Hank and Laura Krohn (207)825-3092, or Greg Martin (207)942-9111

The Maine Action Coalition for Disabled Persons is a local Maine group of handicapped and able-bodied citizens, dedicated to improving the quality of life for the physically and mentally disabled.

Maine Developmental Disabilities Council: (207)287-4213, 1-800-244-3990 *see Advocacy for information.*

Maine Statewide Independent Living Council: www.mainesilc.org, mainesilc6@hotmail.com (email) contact: Rebecca Corcoran

126 Western Ave. Augusta, ME 04330

The Maine Statewide Independence Living Council is a federally mandated council whose membership is composed of no less than 51% of people with disabilities. The council is

responsible for developing, monitoring, reviewing and evaluation the implementation of the State Plan for Independent Living and communicating with the State Rehabilitation Council.

Crisis-

Statewide Crisis Hotline: 1-888-568-1112

Sweetser: www.sweetser.org contact: Stephanie Hanner shanner@sweetser.org (207)294-4486

50 Moody St. Saco, ME 04072 1-800-434-3000, Crisis 1-888-568-1112

Sweetser helps anyone with emotional disturbances, mental illnesses, behavioral disorders and learning disabilities throughout Maine. Some of their services include education, inpatient and outpatient services, support, counseling, prescriptions, housing and crisis.

Dental-

Maine Association of Retirees: (207)582-1960, 1-800-535-6555 see Advocacy for information.

Knox County Health Clinic: www.knoxclinic.org, info@knoxclinic.org (email)

Bok Medical Arts Building 22 White St. Rockland, ME 04841 (207)594-6996

The Knox County Health Clinic helps anyone who is uninsured, underinsured and those unable to pay for basic health care. Some of their services include medical care, prescriptions, dental and mental health.

For other Dental Clinics please see the regular Resource Directory.

Catholic Charities of Maine: www.ccmaine.org, info@ccmaine.org (email)

P.O. Box 10660 Portland, ME 04104 (207)781-8550, 1-800-781-8550

The Catholic Charities of Maine serves everyone statewide. Some of their services are dental, homemaker, counseling, refugee and a childcare center.

Education-

Advocacy Initiative Network of Maine: (207)941-4734, 1-888-375-5969 see Advocacy for information.

American Parkinson Disease Association: www.meapda.org, marks@meapda.org (email)
contact: Mary Sontz

12 Frost Hill Rd. Portland, ME 04103 (207)878-2511, 1-800-223-2732

The American Parkinson Disease Association works with anyone who has Parkinson Disease in all Maine. Some of their services include education, outpatient services and support.

Autism Society of Maine: 1-800-273-5200 see Advocacy for information.

Bureau of Maine Veterans Services: www.maine.gov/dvem/bvs/, mainebvs@maine.gov (email)
contact: Peter Ogden

117 State House Station Augusta, ME 04333 (207)430-6035, Readjustment Counseling and Service Combat Call Center 1-877-927-8387, VA Suicide Prevention Hotline 1-800-273-8255

The Bureau of Maine Veterans Services helps all veterans in the whole state of Maine. Some of their services are information, program assistance, state and federal benefits, memorial facilities, financial aid, education, housing and an advisory commission on women veterans.

Center for Community Inclusion and Disabilities Studies: <http://ccids.umaine.edu>, ccidsmail@umit.maine.edu (email)

225 Western Ave. Augusta, ME 04330 (207)623-3925, 1-877-475-4800 (TTY/voice)

The Center for Community Inclusion and Disabilities Studies does not work directly with clients, they do research in the field. They are educating themselves and others on Disabilities.

Consumers for Affordable Health Care: 1-800-838-0388, 1-877-362-9570 *see Advocacy for information.*

Disability Rights Center: (207)626-2774, 1-800-452-1948 *see Advocacy for information.*

Goodwill Industries of Northern New England: (207)626-0170 *see Case/Care Management for information.*

Hear ME Now!: www.hear-me-now.org, info@hear-me-now.org (email) contact: Pamela Dawson pdawson@hear-me-now.org

P.O. Box 896 Portland, ME 04104 (207)781-7199

Hear ME Now helps children and adults with hearing loss throughout Maine. Their services include support and education.

Huntington's Disease Society of America: (207)669-5212, 1-800-345-4372 *see Advocacy for information.*

International Association of Assistance Dog Partners: www.iaadp.org, iaadp@aol.com (email) contact: Joan Froling joan@iaadp.org adlc@iaadp.org to get one the wait list for over the phone assistance dog loss, support group held internationally over the phone.

P.O. Box 638 Sterling Heights, MI 48311 1(586)826-3938

The International Association of Assistance Dog Partners helps anyone wanting to know about assistance teams/dogs. Some of their services include information, education and support.

Learning Disabilities Association of Maine: 1-877-208-4029 *see Advocacy for information.*

Maine Center for Integrated Rehab: (207)230-0800 *see Case/Care Management for information.*

Maine Developmental Disabilities Council: (207)287-4213, 1-800-244-3990 *see Advocacy for information.*

Maine Division of the Blind and Visually Impaired: www.maine.gov/rehab/dbvi, mdol@maine.gov (email) contact: Diane (207)624-5176

54 State House Station Augusta, ME 04333 (207)623-7900

The Maine Division of the Blind and Visually Impaired helps people with severe visual impairment all over Maine. Some of their services are counseling, education, training and employment.

Maine Military and Community Network: www.mainemcn.org, info@mainemcn.org (email)

Military Family Assistance Center Hotline 1-888-365-9287 24/7

The Maine Military and Community Network is for anyone in the nation to learn about veterans and their life after war. Some of their services are education and other veteran services.

Maine Parent Federation—Special Needs Parent Information Network: (207)623-2144, 1-800-870-7746 see Advocacy for information.

Maine Parkinson Society: <http://maineparkinsonsociety.org>, info@maineparkinsonsociety.org (email) contact: Morgan Knox

359 Perry Rd. Bangor, ME 04401 (207)262-9910 ext. 11, 1-800-832-4116

The Maine Parkinson Society is for anyone with Parkinson Disease anywhere in Maine. Their services include education and respite.

Muscular Dystrophy Association: (207)854-3749, 1-800-572-1717 see Adaptive Equipment for information.

National Alliance for the Mentally Ill of Maine (NAMI): www.namimaine.org, info@namimaine.org (email) contact: Carol Carothers, Exec. Director

1 Bangor St. Augusta, ME 04330 1-800-464-5767

NAMI helps anyone affected by mental illness anywhere in Maine. Some of their services include support, training, respite, education and prevention.

National MS Society: 1(781)890-4990, 1-800-344-4867 see Advocacy for information.

Project for Supported Living: www.pslstrive.org, info@pslstrive.org (email)

28 Foden Rd. South Portland, ME 04106 (207)774-6278

The Project for Supported Living helps young adults (ages 15-24) with any type of disabilities, in all Maine. Some of their services include improving fundamental academic skills, developing leadership potential, improving economic opportunities through continuing education and enhancing or upgrading work skills.

Spina Bifida Association: 1(508)482-5300, 1-800-621-3141, 1-888-479-1900 see Advocacy for information.

Sweetser: 1-800-434-3000 see Crisis for information.

Talking Books Program—Maine State Library: www.maine.gov/msl, contact: Linda Lord State Librarian

64 State House Station Augusta, ME 04333 (207)287-5600

The Maine State Library helps everyone in all of Maine. Some of their services include Talking books for visually impaired, books by mail, normal lending library, special collections, provide consulting programs for continuing library.

UCP of Northeastern Maine: (207)941-2952, 1-877-603-0030 see Case/Care Management for information.

Employment-

Bureau of Rehabilitation Services: www.maine.gov/rehab, contact: Libby (207)623-7943

150 State House Station Augusta, ME 04333 (207)623-7958, 1-888-755-0023

The Bureau of Rehabilitation Services helps anyone with any type of disability in all of Maine. Some of their services include training and employment.

Creative Work Systems: <http://creativeworksystems.com>

443 Congress St. Portland, ME 04101 (207)879-1140

Creative Work Systems helps people with cognitive, physical and psychiatric disabilities in Southern and Central Maine. Some of their services are employment, independent living support and personal skills development and social/interpersonal opportunities.

Elmhurst, Inc.: (207)443-9783, 1-800-545-1833 ext. 756 (TTY) *see Case/Care Management for information.*

Goodwill Industries of Northern New England: (207)626-0170 *see Case/Care Management for information.*

Independence Association: (207)725-4371, 1-877-653-4760 *see Advocacy for information.*

Maine Division of the Blind and Visually Impaired: (207)623-7900 *see Education for information.*

Mobius Inc.: (207)563-3511, (207)563-3864 (TTY) *see Case/Care Management for information.*

Motivational Services: www.mocomaine.com, information@mocomaine.com (email) contact: Richard Weiss, Exec. Director

71 Hospital St. Augusta, ME 04330 (207)626-3465

Motivational Services helps mentally ill adults and some developmentally disabled adults in the Augusta Waterville area. Some of their services include living facilities, employment and centers and social clubs.

****National Organization on Disabilities:** www.nod.org, info@nod.org (email)

5 East 86th St. New York, NY 10028 1(646)505-1191

The National Organization on Disabilities does not help anyone in Maine, but I put it on here because consumers can call for general information. They help New York residents who have any type of disability. Some of the services they offer are employment and support.

Nezinscot Guild: www.thenezinscotguild.com, info@thenezinscotguild.com (email)

Conant Rd. P.O. Box 121 Turner, ME 04282 (207)225-2444

The Nezinscot Guild works with adults who have a developmental disability in Androscoggin County, the Lewiston, Kennebec and Oxford areas. They have one service and that is employment.

Financial-

Alpha One: (207)767-2189, 1-800-640-7200, (207)767-5387 (TTY) South Portland numbers. (207)941-6553, see Adaptive Equipment for information.

Bureau of Maine Veterans Services: (207)430-6035 see Education for information.

Hearing-

AllTech: (207)321-6080 see Adaptive Equipment for information.

Alpha One: (207)767-2189, 1-800-640-7200, (207)767-5387 (TTY) South Portland numbers. (207)941-6553, see Adaptive Equipment for information.

Audient: www.audientalliance.org, hear@epichearing.com (email)

3191 W Temple Ave. Suite 200 Pomona, CA 91768 1-866-956-5400

Audient helps anyone with hearing loss nationwide. They help with hearing aids and related care.

Disability Rights Center: (207)626-2774, 1-800-452-1948 see Advocacy for information.

Division for the Deaf, Hard of Hearing and Late Deafened: (207)623-7958, (207)623-5957 (TTY), see Advocacy for information.

Goodwill Industries of Northern New England: (207)626-0170 see Case/Care Management for information.

Guardian Angels Medical Service Dogs Inc.: www.medicalservicedogs.com, carol@medicalservedogs.com (email)

3251 NE 180th Ave. Williston, FL 32696 1(352)425-1981

The Guardian Angels Medical Service Dogs Inc. works with anyone suffering from seizures, PTSD, mobility issues, autism, diabetes or hearing impairment nationwide. They offer safety and support.

Hear ME Now!: (207)781-7199 see Education for information.

International Association of Assistance Dog Partners: 1(586)826-3938 see Education for information.

The IRIS Network: (207)774-6273 see Access Technology for information.

Maine Center on Deafness: (207)797-7656, 1-800-639-3884, 1-866-347-0275 (video phone) see Advocacy for information.

Maine CITE: (207)621-3195, 1-877-475-4800 (TTY). see Adaptive Equipment for information.

National Education for Assistance Dog Services: www.neads.org, info@neads.org (email)

305 Redemption Rock Trail South Princeton, MA 01541 1(978)422-9064

The National Education for Assistance Dog Services helps people who are combat veterans, deaf or hard of hearing, or have physical disabilities nationwide. They have dogs available for classroom therapy, regular therapy and ministry dogs as well as service dogs.

Pine Tree Society: (207)443-3341 *see Case/Care Management for information.*

Talking Books Program—Maine State Library: (207)287-5600 *see Education for information.*

Housing-

Belfast Public Health Nursing: www.wcgh.org/hospital-services/belfast-public-health-nursing

119 Northport Ave. Belfast, ME 04915 (207)338-3368

Belfast Public Health Nursing helps anyone in Waldo County. Some of their services include medical care, prescriptions and housing.

Bureau of Maine Veterans Services: (207)430-6035 *see Education for information.*

Community Housing of Maine: (207)879-0347 *see Advocacy for information.*

Elmhurst Inc.: (207)443-9783, 1-800-545-1833 ext. 756 (TTY) *see Employment for information.*

Goodwill Industries of Northern New England: (207)626-0170 *see Case/Care Management for information.*

Independence Association: (207)725-4371, 1-877-653-4760 *see Advocacy for information.*

Sweetser: 1-800-434-3000 *see Crisis for information.*

Information-

2-1-1 Maine: www.211maine.org, info@211maine.org (email)

50 Lydia Ln. South Portland, ME 04106 2-1-1, 1-877-463-6207 (toll free)

2-1-1 Maine is the one stop shop for information nationally. They are a 24/7 call service with live operators always there. 211 helps everyone answer questions about health and human services either online or on the phone.

ADA National Network: <http://adata.org/>, adainfo@newenglandada.org (email)

200 Portland St. Boston, MA 02114 1-800-949-4232

The ADA National Network is for anyone in the nation to use the website to learn about the Americans with Disabilities Act. Some of their services include information and training.

ADA New England Technical Assistance Center: www.newenglandada.org, adainfo@newenglandada.org (email)

180-200 Portland St. Suite 1 Boston, MA 02114 1-800-949-4232

ADA New England Technical Assistance Center helps anyone to learn about the Americans with Disabilities Act. Their services include information and training.

Advocacy Initiative Network of Maine: (207)941-4734, 1-888-375-5969 *see Advocacy for information.*

Aspergers Association of New England: www.aane.org, info@aane.org (email)

51 Water St. Suite 206 Watertown, MA 02472 1(617)393-3824, 1-866-597-2263

The Aspergers Association of New England helps people with high functioning Aspergers and autism, and their families throughout New England. Some of their services are support, seminars, information and referrals.

****Brain Injury Association of New Hampshire:** 1(603)225-8400 see *Advocacy for information.*

Brain Injury Information Network of Maine: www.biin.org

24 Stone St. P.O. Box 2007 Augusta, ME 04338 (207)621-1410, 1-888-893-0123

The Brain Injury Information Network of Maine helps anyone with a brain injury and their families all over Maine. Their services are information and internet referral.

Bureau of Maine Veterans Services: (207)430-6035 see *Education for information.*

Cornucopia of Disability Information: <http://codi.buffalo.edu/>, coddo@buffalo.edu (email)
contact: Tina Oddo 1(716)836-0230

3108 Main St. Buffalo, NY 14214

CODI is a website that anyone can use to find out about any type of disability. Their services are internet referral and information.

Disability Rights Center: (207)626-2774, 1-800-452-1948 see *Advocacy for information.*

Division for the Deaf, Hard of Hearing and Late Deafened: (207)623-7958, (207)623-5957 (TTY), see *Advocacy for information.*

Independent Living Services: (207)941-6553 see *Adaptive Equipment for information.*

International Association of Assistance Dog Partners: 1(586)826-3938 see *Education for information.*

Maine Action Coalition for Disabled Persons: (207)947-1441 see *Coalitions/Councils for information.*

Maine Parent Federation—Special Needs Parent Information Network: (207)623-2144, 1-800-870-7746 see *Advocacy for information.*

Talking Books Program—Maine State Library: (207)287-5600 see *Education for information.*

Insurance-

Maine Association of Retirees: (207)582-1960, 1-800-535-6555 see *Advocacy for information.*

Internet Referral-

AbilityMaine: www.abilitymaine.org, abilitymaine@gmail.com (email)

161 Stovepipe Alley Monroe, ME 04951

AbilityMaine is a website that has most of Maine's organizations and companies that people can use to help themselves. They are an internet referral agency only.

Brain Injury Information Network of Maine: (207)621-1410, 1-888-893-0123 see *Information section.*

Cornucopia of Disability Information: see *Information section.*

Disability Information Resources of the Federal Government: www.disability.gov

The Disability Information Resources of the Federal Government is a webpage that anyone can use to find disability resources in their area. They are only an internet referral site.

Disability Resources on the Internet: www.disabilityresources.org

The Disability Resources on the Internet is for anyone with any type of disability to help find agencies in their area. They are an internet referral agency only.

International Association of Assistance Dog Partners: 1(586)826-3938 *see Education for information.*

Maine CITE: (207)621-3195, 1-877-475-4800 (TTY). *see Adaptive Equipment for information.*

Makoa: www.makoa.org, jlubin@makoa.org (email)

Makoa was created to help anyone look for anything to do with disabilities. They help with information and are an internet referral site.

Natural History Education, Science, Technology: www.nhest.org, info@nhest.org (email)
contact: Don Tarbet

144 Atkinson Rd. Bradford, ME 04410 (207)327-1453

NHEST is for the blind and visually impaired, internationally. They are an internet referral agency, and they produce nature education materials and computerized and hands on materials.

The Medicaid Resource Book: www.kff.org/medicaid/2236-index.cfm

The Medicaid Resource Book is online and is for anyone wanting to know the ins and outs of Medicaid. They offer information and insurance.

Legal Services-

Advocacy Initiative Network of Maine: (207)941-4734, 1-888-375-5969 *see Advocacy for information.*

Disability Rights Center: (207)626-2774, 1-800-452-1948 *see Advocacy for information.*

Maine Bar Foundation: www.mainebar.org, info@mainebar.org (email)

124 State St. Augusta, ME 04330 (207)622-7523

The Maine Bar Foundation helps anyone, anywhere in Maine. Their services include information, referral and legal services.

Pine Tree Legal: www.ptla.org

39 Green St. P.O. Box 2429 Augusta, ME 04338 (207)622-4731, (207)623-7777

Pine Tree Legal offers high quality, free, civil legal assistance to all low income Maine residents. They are a group of lawyers that will represent any type of case if the client is in need of legal advice or representation.

Mediation-

Maine Human Rights Commission: www.maine.gov/mhrc

#51 State House Station Augusta, ME 04333 (207)624-6290

The Maine Human Rights Commission is for people who have been sexually harassed, or anyone with any type of mental or physical disability in all Maine. They are strictly used for mediation.

Medical Care-

American Parkinson Disease Association: (207)878-2511, 1-800-223-2732 see Education for information.

Belfast Public Health Nursing: (207)338-3368 see Housing for information.

Care Partners Program at Maine General: www.maine-general.org

6 E. Chestnut St. Augusta, ME 04330 (207)626-1684, 30 Chase Ave. Waterville, ME 04901 (207)872-4697. 1-877-626-1684

The Care Partners Program is for anyone between the ages of 19-64 who live in Augusta, Damariscotta, Portland or Waterville. Surrounding towns should contact Care Partners to see if they qualify. The patients can't be eligible for Maine Care or Medicare, and have any assets less than \$10,000 for a single person or \$12,000 for a family. This is a membership program, and the costs are as follows: \$10 for each office visit with a physician, between \$5-\$25 for prescription co-pays, and lab, x-rays and other hospital services are free.

Knox County Health Clinic: (207)594-6996 see Dental for information.

LEAP Inc.: www.leapcommunity.org, Darryl@leapcommunity.org (email)

313 Farmington Falls Rd. Farmington, ME 04938 (207)778-3443 ext.104

LEAP Inc. helps people with cognitive and intellectual disabilities throughout Maine. Their services include maintaining optimum health, respite and support.

Lincoln VA Community Based Outpatient Clinic: 99 River Rd. Lincoln, ME 04457 (207)403-2000, 1-877-421-8263 ext. 2000

The CBOC's are for any veterans of Maine, there are many in Maine, but consumers can call the number and find out where the one near them is. Their services include medical care and mental health.

Muscular Dystrophy Association: (207)854-3749, 1-800-572-1717 see Adaptive Equipment for information.

National MS Society: 1(781)890-4990, 1-800-344-4867 see Advocacy for information.

Veterans of Foreign Wars: (207)594-9349 see Advocacy for information.

Mental Health/Counseling-

Catholic Charities of Maine: (207)781-8550, 1-800-781-8550 see Dental for information.

Charlotte White Center: www.charlottewhitecenter.com, info@charlottewhite.org (email)

572 Bangor Rd. Dover-Foxcroft, ME 04426 (207)564-2464, 1-888-440-4158

The Charlotte White Center helps children and adults with intellectual, behavioral and physical disabilities as well as elder related issues all over Maine. Some of their services include residential, day treatment, clinical counseling, vocational and in-home supports.

Community Counseling Center: <http://commcc.org>, info@commcc.org (email) contact: Erin Smith

165 Lancaster St. Portland, ME 04101 (207)874-1030, (207)874-1043 (TTY)

The Community Counseling Center works with individuals and families all over Cumberland County. Some of their services include outpatient counseling, psychiatry and community programs.

Independent Living Services: (207)941-6553 see Adaptive Equipment for information.

The IRIS Network: (207)774-6273 see Access Technology for information.

Knox County Health Clinic: (207)594-6996 see Dental for information.

Lincoln VA Community Based Outpatient Clinic: (207)403-2000, 1-877-421-8263 ext. 2000
see Medical Care for information.

Maine Center for Integrated Rehab: (207)230-0800 see Case/Care Management for information.

Maine Division of the Blind and Visually Impaired: (207)623-7900 see Education for information.

Sweetser: 1-800-434-3000 see Crisis for information.

Veterans of Foreign Wars: (207)594-9349 see Advocacy for information.

Nursing/Home/Health Care-

Charlotte White Center: (207)564-2464, 1-888-440-4158 see Mental Health/Counseling for information.

Elmhurst Inc.: (207)443-9783, 1-800-545-1833 ext. 756 (TTY) see Case/Care Management for information.

The IRIS Network: (207)774-6273 see Access Technology for information.

Living Innovations: (207)622-4350 see Case/Care Management for information.

Muscular Dystrophy Association: (207)854-3749, 1-800-572-1717 see Adaptive Equipment for information.

Mobius Inc.: (207)563-3511, (207)563-3864 (TTY) see Case/Care Management for information.

Motivational Services: (207)626-3465 see Employment for information.

National MS Society: 1(781)890-4990, 1-800-344-4867 see Advocacy for information.

Prescriptions-

Belfast Public Health Nursing: (207)338-3368 see Housing for information.

Care Partners Program at Maine General: (207)626-1684 Augusta, (207)872-4697 Waterville, 1-877-626-1684 [see Medical Care for information.](#)

Knox County Health Clinic: (207)594-6996 [see Dental for information.](#)

Sweetser: 1-800-434-3000 [see Crisis for information.](#)

Respite-

LEAP Inc.: (207)778-3443 ext.104 [see Medical Care for information.](#)

Maine Parkinson Society: (207)262-9910 ext. 11, 1-800-832-4116 [see Education for information.](#)

NAMI: 1-800-464-5767 [see Education for information.](#)

UCP of Northeastern Maine: (207)941-2952, 1-877-603-0030 [see Case/Care Management for information.](#)

Service Dogs-

Guardian Angels Medical Service Dogs Inc.: 1(352)425-1981 [see Hearing for information.](#)

International Association of Assistance Dog Partners: 1(586)826-3938 [see Education for information.](#)

National Education for Assistance Dog Services: 1(978)422-9064 [see Hearing for information.](#)

Support/Groups-

Advocacy Initiative Network of Maine: (207)941-4734, 1-888-375-5969 [see Advocacy for information.](#)

American Parkinson Disease Association: (207)878-2511, 1-800-223-2732 [see Education for information.](#)

Aspergers Association of New England: 1(617)393-3824, 1-866-597-2263 [see Information section.](#)

Autism Society of Maine: 1-800-273-5200 [see Advocacy for information.](#)

Charlotte White Center: (207)564-2464, 1-888-440-4158 [see Mental Health/Counseling for information.](#)

Community Partners Inc.: www.cpime.org

443 Main St. Biddeford, ME 04005 (207)282-7113

The Community Partners Inc. works with people who have developmental disabilities in York and Cumberland Counties, and in Androscoggin and Kennebec Counties. They offer support to the citizens.

Creative Work Systems: (207)879-1140 [see Employment for information.](#)

G.E.A.R.: www.gearparentnetwork.org, dbouffard@crisisandcounseling.org (email for Diana Bouffard) contact: Carol Tiernan

10 Caldwell Rd. Augusta, ME 04333 1-800-264-9224

G.E.A.R. works with anyone between 0-21 years who needs behavior or emotional health help statewide. Some of their services include workshops and online support resources for family.

Guardian Angels Medical Service Dogs Inc.: see *Hearing for information.*

Hear ME Now!: (207)781-7199 see *Education for information.*

Huntington's Disease Society of America: (207)669-5212, 1-800-345-4372 see *Advocacy for information.*

Independence Association: (207)725-4371, 1-877-653-4760 see *Advocacy for information.*

International Association of Assistance Dog Partners: 1(586)826-3938 see *Education for information.*

LEAP Inc.: (207)778-3443 ext.104 see *Medical Care for information.*

Learning Disabilities Association of Maine: 1-877-208-4029 see *Advocacy for information.*

Living Innovations: (207)622-4350 see *Case/Care Management for information.*

Maine Center for Integrated Rehab: (207)230-0800 see *Case/Care Management for information.*

Muscular Dystrophy Association: (207)854-3749, 1-800-572-1717 see *Adaptive Equipment for information.*

Mobius Inc.: (207)563-3511, (207)563-3864 (TTY) see *Case/Care Management for information.*

NAMI: 1-800-464-5767 see *Education for information.*

National MS Society: 1(781)890-4990, 1-800-344-4867 see *Advocacy for information.*

**National Organization on Disabilities: 1(646)505-1191 see *Employment for information.*

Project for Supported Living: (207)774-6278 see *Education for information.*

Southern Maine Parent Awareness: www.somepa.org, support@somepa.org (email)

886 Maine St. Suite 303 Sanford, ME 04073 (207)324-2337, (207)324-2338 (TTY/voice), 1-800-564-9696

The Southern Maine Parent Awareness helps families expand opportunities and enhance the quality of life of their children and young adults with disabilities in Southern Maine. Consumers can still call the number and find out if there is any other parent awareness groups in their area.

Sweetser: 1-800-434-3000 see *Crisis for information.*

UCP of Northeastern Maine: (207)941-2952, 1-877-603-0030 see *Case/Care Management for information.*

Therapeutic Services-

Art Van Program: <http://artvanprogram.org>, jamie@artvanprogram.org (email)

7 Park St. Bath, ME 04530 (207)650-1608

The Art Van Program brings art to children, teens and adults who have the least amount of social services available to them, in Mid-Coast and Southern Maine and Androscoggin.

****Brain Injury Association of New Hampshire**: 1(603)225-8400 see Advocacy for information.

Center for Therapeutic Recreation: www.ctrrec.org/index.html, ctrrec@aol.com (email)
contact: Karen McPhee, Exec. Director

222 Saint John St. Suite G4 Portland, ME 04102 (207)772-0504

The Center for Therapeutic Recreation is community-based therapeutic swim programs for children and adults with disabilities in Southern Maine.

Hearts and Horses Therapeutic Riding Center: www.heartsnhorses.org

12 Spurwink Rd. Scarborough, ME 04074 (207)883-7102

The Hearts and Horses Therapeutic Riding Center is for people with any type of disabilities in all Maine to positively affect their lives.

Maine Adaptive Sports and Recreation: www.skimhs.org, info@skimhs.org (email)

8 Sundance Ln. Newry, ME 04261 (207)824-2440, 1-800-639-7770

Maine Adaptive Sports and Recreation is a year-round adaptive recreation program for the whole state of Maine. They help adults and children with physical disabilities.

Riding to the Top Therapeutic Riding Center: www.ridingtothetop.org, info@ridingtothetop.org (email)

P.O. Box 1928 Windham, ME 04062 (207)892-6523

Riding to the Top helps children and adults with physical, cognitive and emotional disabilities with therapeutic horse riding. They help anyone in the Central and Mid-Coast Maine area as well as Portland residents.

Special Olympics: www.somaine.org contact: Linda Fredericks lindaf@somaine.org (207)879-0489 ext. 10

125 John Roberts Rd. #5 South Portland, ME 04106 (207)879-0489

Special Olympics works with anyone 8 years and older with intellectual disabilities, cognitive delays, learning problems or vocational problems. Their services include therapy and athletic training.

Surry Music Therapy Center: www.surrymusictherapy.com, alan@surrymusictherapy.com (email) contact: Alan Wittenberg

8 Cross Rd. Surry, ME 04684 (207)667-1308

The Surry Music Therapy Center helps people with physical, emotional and cognitive disabilities throughout Maine. They use music as therapy.

Training/Vocational-

ADA National Network: 1-800-949-4232 see Information section.

ADA New England Technical Assistance Center: 1-800-949-4232 see Information section.

Advocacy Initiative Network of Maine: (207)941-4734, 1-888-375-5969 see Advocacy for information.

AllTech: (207)321-6080 see Adaptive Equipment for information.

Autism Society of Maine: 1-800-273-5200 see Advocacy for information.

Bureau of Rehabilitation Services: (207)623-7958, 1-888-755-0023 see Employment for information.

Disability Rights Center: (207)626-2774, 1-800-452-1948 see Advocacy for information.

Easter Seals Maine: <http://maine.easterseals.com>

125 Presumpscot St. Portland, ME 04103 (207)828-0754 Linda Lehmann P.O. Box 465 Limerick, ME 04048 (207)793-8436

The Easter Seals work with anyone 18 months and up in Southern Maine. Their only service is vocational services to anyone with any type of disability.

Independence Association: (207)725-4371, 1-877-653-4760 see Advocacy for information.

Independent Living Services: (207)941-6553 see Adaptive Equipment for information.

The IRIS Network: (207)774-6273 see Access Technology for information.

Maine CITE: (207)621-3195, 1-877-475-4800 (TTY). see Adaptive Equipment for information.

Maine Division of the Blind and Visually Impaired: (207)623-7900 see Education for information.

Maine Parent Federation—Special Needs Parent Information Network: (207)623-2144, 1-800-870-7746 see Advocacy for information.

Mobius Inc.: (207)563-3511, (207)563-3864 (TTY) see Case/Care Management for information.

NAMI: 1-800-464-5767 see Education for information.

National Federation of the Blind of Maine: www.nfb.org, contact: Patty Estes, President pece03@gmail.com

790 Pownal Rd. Auburn, ME 04210 (207)344-8292

The National Federation of the Blind are blind people speaking out for themselves. They do research, evaluations and training.

Project for Supported Living: (207)774-6278 see Education for information.

Special Olympics: (207)879-0489 ext. 10 see Therapeutic Services for information.

Veterans Services-

Bureau of Maine Veterans Services: (207)430-6035 see Education for information.

Department of Defense, Veterans and Emergency Management: www.maine.gov/dvem/, waterville.mainebvs@maine.gov (email) Contact: Conrad Edwards

National Guard Armory 74 Drummond Ave. Waterville, ME 04901 (207)872-7846

The Department of Defense, Veterans and Emergency Management works with all military personnel and any veterans throughout Maine. Their services include planning, resources and veterans services.

Lincoln VA Community Based Outpatient Clinic: (207)403-2000, 1-877-421-8263 ext. 2000

see Medical Care for information.

Maine Military and Community Network: 1-888-365-9287 24/7 *see Education for information.*

Veterans of Foreign Wars: (207)594-9349 *see Advocacy for information.*